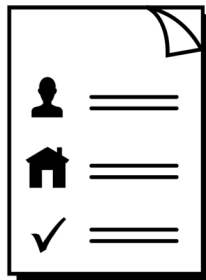




How HeartKids can support you



Easy Read

About this fact sheet



This fact sheet is from HeartKids.

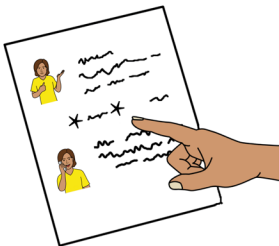


This fact sheet is written in a way that is easy to understand.



You can read more information about HeartKids on our website.

Visit heartkids.org.au



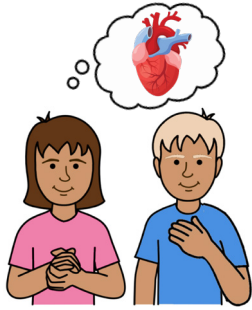
We add a star before and after ***hard words***. Then we explain what the words mean.



You can ask someone to help you read and understand this fact sheet.



Contact information is at the end of this fact sheet.



Childhood onset heart disease

We help people with

childhood onset heart disease or COHD.



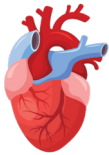
COHD means a ***heart condition*** that starts

- before you are born

or



- when you are young.

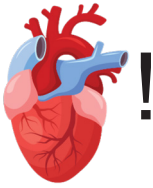


A heart condition means your heart works differently to the way it should.



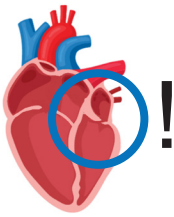
Most children with COHD grow up to live normal lives.

COHD can be different types of heart problems.

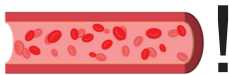


For example, problems with

- the heart



- the heart ***valves***
 - valves are flaps that make blood flow the right way

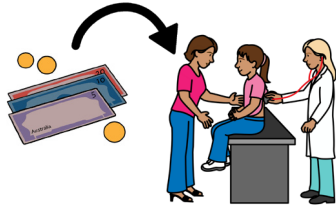


- ***blood vessels***
 - blood vessels carry blood to and from the heart.



How HeartKids help

We are a national ***not for profit*** group.



Not for profit means any money we get goes back into our services.



We help you to

- learn about COHD



- get support



- live a good life.

Who we help

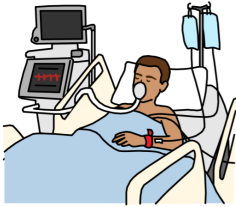


We help people with COHD and their families, carers, teachers and healthcare workers.



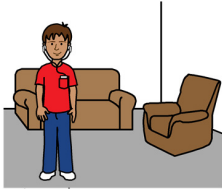
We help people with COHD to connect with each other.

Our services

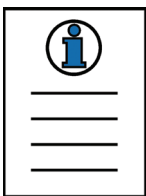


We support people

- in hospital
- at home
- with our online webchat
- on our helpline.

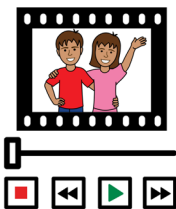


We have information about COHD on our website.



For example

- fact sheets
- videos.



We help people to connect.



For example

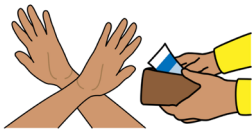
- support groups



- events.



Our staff understand COHD and can help you at different times in your life.



Our services are

- free



- ***confidential***

– confidential means we do **not** share your personal information.



More information



For more information or support contact HeartKids.



Call 1800 432 785

You can contact us from 9 am to 5 pm

Monday to Friday.



Website heartkids.org.au

Help to speak and listen



If you need help to speak or listen, the National Relay Service can help you make a call.

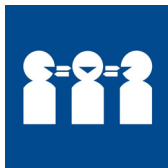


Call 1800 555 660



Website accesshub.gov.au/nrs-helpdesk

Help in your language



If you need help with other languages, contact the Translating and Interpreting Service.



Call 131 450



Website tisnational.gov.au

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